

Opening Thoughts

To my unborn child: I am writing this in eager anticipation of your birth. I know that I have much to learn about being a parent.

Dear Family and Friends: The following are the things that I have learned through life.

Dear children: A few words to express my thoughts and feelings.

To my family: In reading my ethical will, I hope you find few surprises.

I want you, my family, to know how important you all are in my life and how much I love you.

Having Balance in Life

Appreciate the importance of balance. Balance among the family, work, spiritual, and physical aspects of life.

It's easy to let things get out of balance. When they do, life can get out of control and become miserable

The only way you can truly know yourself is to embrace life fully and in a balanced way.

The Importance of Family and Other Relationships

As I've grown older I continue to value the family more and more.

So much of what I am is because of Grandpa, and I dearly miss him every day.

I had a special relationship with my grandmother. From her I learned that one should "do good for the sake of good, not for the sake of reward"

I hope, especially for my family, to get along in life.

If you find a good, true friend; hold on to him or her as hard as you can.

The Importance of Humor

Having a good sense of humor is very important.

Keep a sense of humor.

Humor ought to be a large part of every person's day.

Religion/Spirituality

I hope you continue the traditions and faith of (fill in your faith community) and pass these on to future generations.

My mission is to serve God by creating a balance between family, friends, profession, and community.

I know I have never offered much in the way of spiritual guidance. However, I hope that my manner of living has served as a living example of my own moral code.

Faith in God is important. I am not all that religious, but I am a believer.

(Fill in your faith community) is your foundation but it is also important to be part of the larger world.